

# Are you Prepared?

Avoid taking adulterated or affected amounts of ecstasy/molly (MDMA).

## STAY SAFE:

- Know in advance what you might be taking and the likelihood of adulteration. Studies found that up to **50% of ecstasy contains other substances, including methamphetamine and bath salts.**



PURE\*



ADULTERATED\*

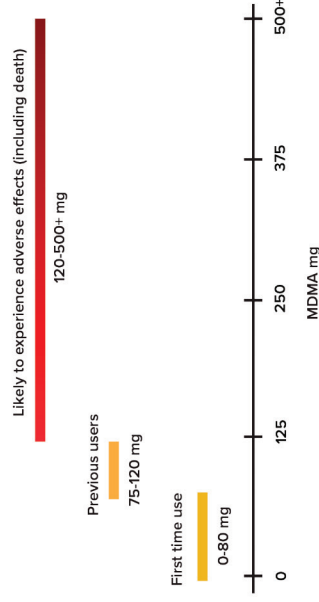
\*Without testing or other verification, you can't tell the difference.

- Know what the expected effects should be.
- Severe effects can still take place days to weeks later even after you metabolize the drug.

## IF YOU PLAN TO USE:

- Plan ahead. Don't make an on-the-spot decision.
- Do not overdose.

### PURE MDMA DOSES



- Don't mix with any other substances.
- Rest and hydrate.
- Make sure you are in the right mindset and environment.

**Don't be afraid to get help.**

**Medical personnel are there for you and will not report you to authorities.**



GPF FOUNDATION

[www.GPFfoundation.org](http://www.GPFfoundation.org)

## Saving Lives Through Awareness

The GPF Foundation is committed to saving lives by supporting education, appropriate treatment and overall awareness of the dangers relating to recreational drug use.

# GPF FOUNDATION

# More than two million people ages 18-25 have used molly or ecstasy in the past year.

Many don't realize that they may be ingesting something adulterated or laced with "bath salts", methamphetamine or ketamine, or know what to do if someone has a bad reaction.

**With the adulteration of recreational drugs, today's youth are unaware that they are playing a modern-day Russian roulette.**

- Phil Hood, former Vice President for External Relations and Secretary of Lake Forest College

**We create peer-driven educational presentations.** GPF Foundation partners with colleges and universities to develop and deliver interactive programs for young adults about the risks of recreational drugs, identifying trouble, and seeking help if something goes wrong.

## **We educate the medical community.**

The foundation partners with researchers and hospitals to train and modernize treatment with frontline healthcare providers to respond most effectively to patients experiencing recreational drug-related symptoms.



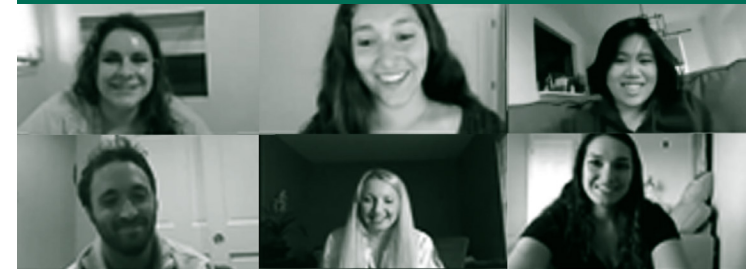
GPF Foundation's partner Dr. Ashlea Winfield from Cook County Hospital (in Simulation Lab)

**Lack of knowledge around treating patients under the influence of adulterated recreational drugs is a major blind spot in the medical community.**

- Dr. Steven Aks, John H. Stroger Hospital of Cook County

**Our focus on harm reduction education is very different from the 'Just Say No' culture of the past.**

- Ross Friedman, President of the GPF Foundation



Participants in our peer driven awareness virtual presentation.

The **GPF** Foundation was founded by Nancy and Ross Friedman, a few close family members, and friends after the couple's beloved son, Greg, took what was purported to be molly (pure MDMA) and resulted in his untimely death.

The Foundation's tagline, **Greg's Path Forward**, is the spirit of the organization, working toward a future where the general public and the medical community have the knowledge needed to combat the risks of recreational drugs.

Support GPF Foundation's work by:

- Making a financial contribution
- Registering for one our workshops
- Sharing our educational poster (see back)

Follow us on:    @GPFfoundation